

## MRI: A Fast, Simple Examination

Magnetic Resonance Imaging (MRI) is a safe, totally painless way for your physician to look into your body. The pictures created during the exam look at the soft tissue and provide information that can improve the diagnosis. This brochure is provided to answer the questions most frequently asked by people scheduled for an extremity MRI examination.

### How long will the exam take?

Most exams take less than an hour to complete.

### How should I prepare for the MRI exam?

You can eat, drink, and take regularly-prescribed medications prior to the exam. If you will be having a leg exam, you can bring some shorts to wear. Otherwise, you may be asked to change into a hospital gown to avoid any possibility of interference from metal in zippers and fasteners. You will be asked to remove your watch, credit cards, jewelry, keys, pocket knife, hearing aid, or any other metal objects before approaching the MRI. The magnet could affect the items of this type or the items could affect the magnet.

### What do MR images look like?

MR images look a lot like a conventional x-ray; however, they provide much more detailed information. The images will be provided to your physician or radiologist for interpretation.

### Will I feel anything?

No. There is no pain, vibration or unusual sensation. The MRI will produce a mild tapping sound during the exam.



### What is MR Imaging?

MRI is a way of looking inside the body without x-rays. The exam uses radiowaves and a magnetic field to create images of the soft tissues of the body. These images are then transferred onto an x-ray film so the doctor can interpret them.

### How is the MRI performed?

You will be asked to recline in a comfortable chair and the technologist will position you. The chair will be moved toward the magnet opening and you will insert the body part to be scanned. Only the extremity being imaged will be inside the magnet, so your head and body will remain outside at all times. You will be asked to remain still during the examination.

### What do I need to do during the exam?

Nothing! Just recline in the exam chair and relax. You will be free to sleep during the exam.

### What if I have more Questions?

You physician or the MRI technologist will answer any questions you may have.

### SPECIAL NOTES:

Please **DO NOT** bring the following (or any metal items) into the examination room:

- Jewelry
- Credit Cards
- Pocket Knife
- Keys
- Money Clip
- Watch

### Tell the doctor if you have:

- Aneurysm clips
- Cardiac pacemaker
- Metal plate
- Joint replacements
- Metal pins
- If you think you are pregnant



## Welcome to our office

We are grateful that you have chosen us as the health care provider for your feet.

Our staff is committed to providing the finest podiatric care in a warm and friendly environment in order to make you feel relaxed and comfortable.

Our practice is dedicated to providing quality foot and ankle care to patients of all ages.

We believe that prompt diagnosis, early intervention and prevention are essential for the care and treatment of your feet.

We provide a full range of podiatric medical care including both conservative and surgical therapies.

We take pride in providing you with a comfortable office experience. Our qualified staff is friendly and will ensure a pleasant visit. Our main office is conveniently located in El Paso, TX.

Dr. De La Rosa specializes in the medical and surgical treatment of foot and ankle conditions, such as:

- Heel pain
- Bunions and Hammertoes
- Sports related injuries
- Custom Orthotics
- Fracture Care
- Arthritis
- Pediatric Conditions
- Ingrowing Nails
- Flat Feet
- Skin Disorders
- Diabetic Foot Care
- Wound Care

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*Your MRI Examination*



**FAQ** *Frequently asked questions*



**The Foot Institute**

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